



Wheaton College

# Women's Track & Field

**NCAA Indoor National Champions**  
1999, 2000, 2001, 2002, 2003

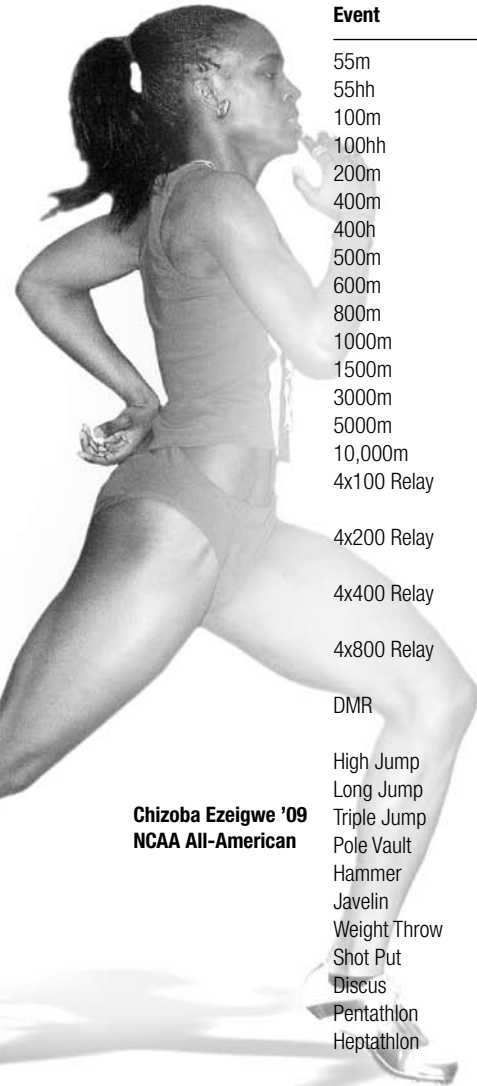
**NCAA Outdoor National Champions**  
2001, 2002, 2003

After the Class of 2009 provided Wheaton with more than a dozen new athletes in 2005–06, the Lyons saw a pair of freshmen join the sophomore class in 2006–07 to corral 10 of the team's 11 All-America honors and 14 all-conference accolades. The indoor season began with the Blue and White placing third at both the Dartmouth Relays and the Sorlien Invitational in January before coming in ninth at the NCAA Championship and tallying its highest finish since 2004. After winning the prior nine league titles, the Lyons placed second at the New England Women's and Men's Athletic Conference (NEWMAC) Championship during the outdoor season. Wheaton capped its campaign by tying for 28th at the national meet. The young All-Americans are all set to return, as are 16 of the 19 athletes who scored for the Lyons at the conference meet.

Jennifer Harlow '07 capped a standout career with her second straight indoor high jump national championship before earning NEWMAC Athlete-of-the-Year laurels for an unprecedented third consecutive year. The five-time All-American drew four all-conference honors, while Chizoba Ezeigwe '09, who earned a pair of All-America accolades during each the indoor and outdoor seasons, turned in three all-league awards. During the winter, Ezeigwe ran on the nation's third-fastest 4x400-meter relay quartet with Natana Jules '09, Kamia Smith '10 and Renee Thompson '10 before joining Jules, Thompson and Celeste Karpow '09 for a sixth-place showing in the event at the national meet during the spring. At the NEWMAC Championship, Thompson qualified for four all-league honors, while Jules, Karpow, Lily Calderwood '09, Christine Moreau '09, Danica Peterson '09, Samira Sanders '09 and Kelly Libert '10 nabbed one citation apiece.

## All-Time Records

Event	Athlete(s)	Indoor Record	Year	Athlete(s)	Outdoor Record	Year
55m	Kim Jones	7.03	2001			
55hh	Aquila Williams-Judge	7.94	2003			
100m				Vernick Smith	11.75	2003
100hh				Aquila Williams-Judge	14.11	2003
200m	Amber James	24.74	2003	Amber James	23.73	2002
400m	Amber James	54.48	2004	Amber James	53.58	2004
400h				Vernick Smith	1:00.40	2003
500m	Deshawnda Williams	1:16.36	1998			
600m	Jacqui Martinelli	1:37.83	2001			
800m	Niara Woods	2:14.13	2001	Niara Woods	2:13.38	2002
1000m	Lily Calderwood	3:02.06	2007			
1500m	Erin O'Brien	4:39.08	2002	Erin O'Brien	4:39.77	2002
3000m	Megan Brousseau	10:16.65	2006	Kendra Bullock	10:47.41	1999
5000m	Kendra Leith	17:48.05	2004	Kendra Leith	17:46.31	2006
10,000m				Christina Langevin	38:56.82	2003
4x100 Relay				T. Johnson, S. Daniels, Amber James, K. Jones	46.16	2001
4x200 Relay	V. Smith, A. Williams-Judge, Aspen James, Amber James	1:40.09	2003			
4x400 Relay	V. Smith, A. Williams-Judge, J. Bromell, Amber James	3:45.01	2003	T. Donoghue, V. Smith, J. Bromell, Amber James	3:43.32	2003
4x800 Relay	J. Hurley, D. Valcourt, R. Chamberlain, M. O'Neill	9:43.47	1997	A. Karpeichik, D. Valcourt, R. Chamberlain, M. O'Neill	9:43.97	1997
DMR	K. Leith, C. Ezeigwe, L. Calderwood, M. Brousseau	12:04.89	2006			
High Jump	Beth Castagno	5' 11 1/2"	2000	Beth Castagno	5' 10"	2000
Long Jump	Shimera Daniels	19' 6 3/4"	2002	Kim Jones	19' 10 1/4"	2001
Triple Jump	Shimera Daniels	41' 5"	2002	Shimera Daniels	41' 1 3/4"	2001
Pole Vault	Noelle Battista	12' 6"	2004	Kerry Teamey	12' 6"	1999
Hammer				Amini Onowho	142' 3"	1999
Javelin				Kirsten Larsen	144' 2"	2004
Weight Throw	Amini Onowho	50' 1 3/4"	2001			
Shot Put	Jana Bromell	43' 9 3/4"	2001	Jana Bromell	44' 1/2"	2001
Discus				Amini Onowho	130' 8"	1999
Pentathlon	Aquila Williams-Judge	3330	2003			
Heptathlon				Kerry Teamey	4011	1999



**Chizoba Ezeigwe '09**  
NCAA All-American

Head coach  
**Paul Souza**



Entering his 14th year as Wheaton's head men's and women's indoor and outdoor track and field coach, Paul Souza's teams have established reputations as leading national powers in NCAA Division III track and field. Over a 10-year span, his women's squad has won eight national championships, finished second four times and placed third twice.

In his 13 years at Wheaton, Souza has witnessed his athletes record 76 national event titles and 246 All-America honors. He was voted United States Track Coaches Association (USTCA) National Indoor Coach of the Year in 2002, New England Coach of the Year on six occasions and conference coach of the year eight times. A United States Track & Field (USATF) Level I and II certified coach and the national vertical jumps chair for men's development, Souza has attracted some of the nation's most talented athletes to Wheaton, including several United States Olympic Trials qualifiers and two trials finalists.

Highly involved with USATF, Souza was selected as an assistant coach for the 2005 World University Games in Izmir, Turkey. He was one of three assistant coaches for the 2004 United States World Indoor Track & Field championship team that competed in Budapest, Hungary.

Souza also traveled to England and Scotland in the summer of 2001 as an assistant coach of the United States World Junior team. He was chosen to be an assistant coach for the 1995 United States Olympic Sports Festival East team. Souza has been nominated for coaching positions on other upcoming United States national and international teams, including the Olympic team.

In 1987, Souza founded the Elite Track and Field Series, which has become one of the premier clinics in the country, attracting such high-profile clinicians as Kevin O'Donnell, Loren Seagrave, Dwight Stones and Norm Tate. Souza's expertise in the jumps has made him

one of the most sought-after clinicians in the track and field world.

An Olympic trials qualifier as well as an NCAA and USA-TFA All-America athlete, Souza earned a bachelor's degree in communications from Pennsylvania State University in 1983 and a master's degree from Eastern Nazarene College in 1985. A native of nearby Mansfield, he still holds the Penn State high jump record at 7' 4 1/2" and Mansfield High School mark at 6' 10".

# Wheaton

Wheaton College  
Norton, Massachusetts  
508-286-3982  
[www.wheatoncollege.edu/athletics/indoortrackw/](http://www.wheatoncollege.edu/athletics/indoortrackw/)  
[www.wheatoncollege.edu/athletics/outdoortrackw/](http://www.wheatoncollege.edu/athletics/outdoortrackw/)

# Women's Track & Field

## Quick Facts

Head Coach	Paul Souza (14th Year)
Phone	(508) 286-3982
E-mail	psouza@wheatoncollege.edu
Assistant Coach	Marc Mangiacotti (4th Year)
Home Venue	Beard Field House
Affiliations	NCAA Division III, Eastern College Athletic Conference, New England Women's and Men's Athletic Conference
2007 NEWMAC Finish	2nd
NCAA Indoor Titles (last)	5 (2003)
NCAA Outdoor Titles (last)	3 (2003)

### 2007 Indoor Athletic Awards

NCAA National Champion	Jennifer Harlow
NCAA All-America	Chizoba Ezeigwe
NCAA All-America	Jennifer Harlow
NCAA All-America	Natana Jules
NCAA All-America	Kamia Smith
NCAA All-America	Renee Thompson

### 2007 Outdoor Athletic Awards

NCAA All-America	Chizoba Ezeigwe
NCAA All-America	Natana Jules
NCAA All-America	Celeste Karpow
NCAA All-America	Renee Thompson
NEWMAC Athlete of the Year	Jennifer Harlow
NEWMAC All-Conference	Lily Calderwood
NEWMAC All-Conference	Chizoba Ezeigwe
NEWMAC All-Conference	Jennifer Harlow
NEWMAC All-Conference	Natana Jules
NEWMAC All-Conference	Celeste Karpow
NEWMAC All-Conference	Kelly Libert
NEWMAC All-Conference	Christine Moreau
NEWMAC All-Conference	Danica Peterson
NEWMAC All-Conference	Samira Sanders
NEWMAC All-Conference	Renee Thompson

### 2007 Outdoor Academic Awards

NEWMAC All-Academic	Abbe Bosk
NEWMAC All-Academic	Morgan Jamiel

### Sports Information

Sports Information Director	Scott Dietz
Phone	(508) 286-3768
E-mail	sdietz@wheatoncollege.edu
Mailing Address	26 East Main Street Norton, MA 02766
Web site	www.wheatoncollege.edu/athletics

### Wheaton

Location	Norton, Massachusetts
Founded	1834
Enrollment	1,550
Colors	Royal blue & white
President	Ronald A. Crutcher
Athletic Director	Chad Yowell

### Indoor All-Americans

Angela Mullins	1998
Colleen Myrie	1998
Amy Swanson	1998
Deshawnda Williams	1998
Beth Castagno	1999
Tenille Johnson	1999
Angela Mullins	1999
Colleen Myrie	1999
Amy Swanson	1999
Deshawnda Williams	1999
Beth Castagno	2000
Shimera Daniels	2000
Tenille Johnson	2000
Angela Mullins	2000
Kerry Teamey	2000
Deshawnda Williams	2000
Niara Woods	2000
Shimera Daniels	2001
Amber James	2001
Tenille Johnson	2001
Kim Jones	2001
Jacqui Martinelli	2001
Niara Woods	2001
April Butler	2002
Shimera Daniels	2002
Tessa Donoghue	2002
Kate Getz	2002
Amber James	2002
Erin O'Brien	2002
Kim Spence	2002
Kerry Teamey	2002
Niara Woods	2002
Jana Bromell	2003
Amber James	2003
Noreen Kordziel	2003
Vernick Smith	2003
Aquila Williams-Judge	2003
Jessica Allegra	2004
Alison Amendola	2004
Noelle Battista	2004
Crystal Blamy	2004
Amber James	2004
Aspen James	2004
Kim Spence	2004
Jessica Allegra	2005
Jennifer Harlow	2005
Julie McLane	2005
Chelsea Nader	2005
Kathrine Wallace	2005
Chizoba Ezeigwe	2006
Jennifer Harlow	2006
Chizoba Ezeigwe	2007
Jennifer Harlow	2007
Natana Jules	2007
Kamia Smith	2007
Renee Thompson	2007

### Outdoor All-Americans

Tenille Johnson	1998
Angela Mullins	1998
Colleen Myrie	1998
Amy Swanson	1998
Deshawnda Williams	1998
Colleen Burch	1999
Beth Castagno	1999
Shimera Daniels	1999
Tenille Johnson	1999
Jacqui Martinelli	1999
Angela Mullins	1999
Deshawnda Williams	1999
Colleen Burch	2000
Beth Castagno	2000
Shimera Daniels	2000
Tenille Johnson	2000
Jacqui Martinelli	2000
Angela Mullins	2000
Kerry Teamey	2000
Deshawnda Williams	2000
Niara Woods	2000
Jana Bromell	2001
Shimera Daniels	2001
Kate Getz	2001
Amber James	2001
Tenille Johnson	2001
Kim Jones	2001
Jacqui Martinelli	2001
Niara Woods	2001
Kristen Cullen	2002
Shimera Daniels	2002
Tessa Donoghue	2002
Amber James	2002
Noreen Kordziel	2002
Kirsten Larsen	2002
Kerry Teamey	2002
Niara Woods	2002
Jessica Allegra	2003
Jana Bromell	2003
Kristen Cullen	2003
Tessa Donoghue	2003
Amber James	2003
Aspen James	2003
Noreen Kordziel	2003
Vernick Smith	2003
Kathrine Wallace	2003
Jessica Allegra	2004
Alison Amendola	2004
Jennifer Harlow	2004
Amber James	2004
Kirsten Larsen	2004
Kim Spence	2004
Oly Wirtz	2004
Kirsten Larsen	2005
Jennifer Harlow	2006
Chizoba Ezeigwe	2007
Natana Jules	2007
Celeste Karpow	2007
Renee Thompson	2007

### Major Conference Awards

Leslie Dise	NEW 8 Rookie of the Year (1996)
Paul Souza	NEW 8 Coach of the Year (1996)
Allison Karpeichik	NEW 8 Rookie of the Year (1997)
Colleen Myrie	NEW 8 Rookie of the Year (1998)
Paul Souza	NEW 8 Coach of the Year (1998)
Angela Mullins	NEWMAC Athlete of the Year (1999)
Shimera Daniels	NEWMAC Rookie of the Year (1999)
Paul Souza	NEWMAC Coach of the Year (1999)
Deshawnda Williams	NEWMAC Athlete of the Year (2000)
Paul Souza	NEWMAC Coach of the Year (2000)
Tenille Johnson	NEWMAC Athlete of the Year (2001)
Amber James	NEWMAC Rookie of the Year (2001)
Paul Souza	NEWMAC Co-Coach of the Year (2001)
Tessa Donoghue	NEWMAC Rookie of the Year (2002)
Paul Souza	NEWMAC Coach of the Year (2002)
Aspen James	NEWMAC Rookie of the Year (2003)
Paul Souza	NEWMAC Coach of the Year (2003)
Amber James	NEWMAC Athlete of the Year (2004)
Jennifer Harlow	NEWMAC Athlete of the Year (2005)
Julie McLane	NEWMAC Rookie of the Year (2005)
Jennifer Harlow	NEWMAC Athlete of the Year (2006)
Chizoba Ezeigwe	NEWMAC Rookie of the Year (2006)
Paul Souza	NEWMAC Coach of the Year (2006)
Jennifer Harlow	NEWMAC Athlete of the Year (2007)

### The Wheaton Campus

Wheaton's 400-acre campus has outstanding facilities to support academic, athletic, residential and co-curricular life. The Evelyn Danzig Haas Athletic Center is one of the finest NCAA Division III athletic facilities in New England with 102,000 square-feet of space with a field house, gymnasium and indoor pool. Elsewhere on campus, Wheaton has an impressive \$20 million arts building, National Science Foundation-funded digital imaging center, and state-of-the-art library and language labs. The Balfour-Hood Center houses campus activities, as well as a café, pub, game room and fitness center. Wheaton students live on campus in one of 18 residence halls, four special interest houses/living learning communities or 10 theme houses.

### A Wheaton Snapshot

- Wheaton is 35 miles south of Boston and 15 miles north of Providence, Rhode Island.
- Wheaton draws a student body of 1,550 students from virtually every state and more than 50 countries.
- The faculty-student ratio is 1:11 and the average class size is 15 to 20.
- Wheaton's challenging liberal arts curriculum offers more than 600 courses, 40 majors and 50 minors.
- Cross registration with Brown University allows students to take classes at the nearby school.
- Wheaton offers 30 study abroad programs, and in recent years students have studied in more than 50 different countries.
- In the past six years, Wheaton students have won more than 70 prestigious academic awards, including three Rhodes Scholarships and more than 30 Fulbright Scholarships.
- Since 1995, Wheaton student-athletes have earned All-America honors for stellar performance more than 300 times.

### Admission

**Deadlines for Spring 2007:** Freshman and Transfer: November 1, 2007

**Deadlines for Fall 2007** Early Decision I: November 1, 2007 Early Decision II: January 15, 2008  
Regular Decision: January 15, 2008 Transfer applications: April 1, 2008

- Admission to Wheaton is very selective. Applicants are evaluated on the basis of academic achievement; difficulty of high school curriculum; writing ability; recommendations from teachers, counselors and interviewers; and co-curricular record. Submission of standardized test scores is optional. For the Class of 2011, 3,883 high school students applied for 400 available spots.
- The comprehensive fee for 2007–2008 is \$45,330. Approximately 60 percent of students receive some form of aid, including grants, work-study, loans and outside scholarships.
- For more information, contact the admission office at 800-394-6003 (508-286-8251 outside the U.S.) or e-mail admission@wheatoncollege.edu. For information about Wheaton and its athletic programs, visit www.wheatoncollege.edu/athletics.